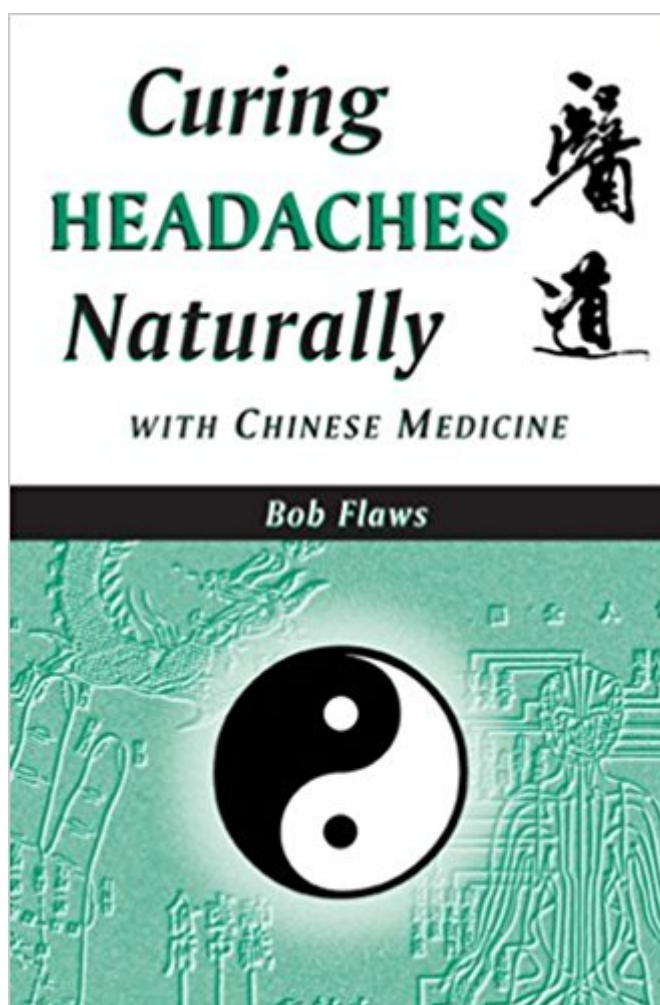


The book was found

# Curing Headaches Naturally With Chinese Medicine



## Synopsis

Chinese medicine has effective answers for prevention, diagnosis, and treatment of headaches. This book explains the benefits of Chinese medicine and covers self-care and home remedies, including self-massage, magnet therapy, moxibustion, aromatherapy, Chinese patent medicines, and herbal teas.

## Book Information

Paperback: 180 pages

Publisher: Blue Poppy Pr; 1 edition (October 1, 1998)

Language: English

ISBN-10: 0936185953

ISBN-13: 978-0936185958

Product Dimensions: 0.8 x 6.2 x 9.2 inches

Shipping Weight: 10.4 ounces

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #2,164,869 in Books (See Top 100 in Books) #42 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Headaches](#) #485 in [Books > Health, Fitness & Dieting > Alternative Medicine > Chinese Medicine](#) #2170 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Neurology](#)

## Customer Reviews

Headaches are one of the most common of medical complaints. Everyone, young and old, male and female, suffers from headaches from time to time. These may range from minor, nagging headaches to full-blown, incapacitating neurovascular migraines. However, no matter what kind, traditional Chinese medicine can explain why you are having the headaches you are and what you can do about them. Based on the 2,000 year old theories of Chinese medicine, each person's headaches are unique and require their own individualized treatment. In this book you will learn a host of no or low cost, holistic and natural methods for preventing and treating all kinds of headaches. These treatments include Chinese herbal medicine, acupuncture, acupressure, Chinese aromatherapy, Chinese magnet therapy, Chinese dietary therapy, relaxation therapy, and exercise. If you or anyone you know suffers from headaches, this book is a must.

Bob Flaws is one of the world's best known authorities on Chinese medicine. Author, editor, and translator of over 60 books and scores of articles on all aspects of Chinese medicine, Bob is a

Fellow and Governor of the National Academy of Acupuncture & Oriental Medicine, a founder and Lifetime Fellow of the Acupuncture Association of Colorado, and a Fellow of the Register of Chinese Herbal Medicine (UK). He has been in private practice since 1977.

Good background on Chinese Medicine.

Cure headache naturally, great content and It's good book to read,thank you thank you thank you thank you ta

[Download to continue reading...](#)

Curing Headaches Naturally with Chinese Medicine Chinese: Crash Course Chinese - Learn Chinese Fast With a Native Speaker: 500+ Essential Phrases to Build Your Chinese Vocabulary, Chinese, Learn Chinese, Chinese Phrasebook, Mandarin Study Aid I Love to Share (English Chinese kids, Chinese children's books): Mandarin kids books, Chinese bilingual books, Chinese baby books (English Chinese Bilingual Collection) (Chinese Edition) Chinese Bilingual Books: I Love to Brush My Teeth (chinese kids books, chinese children's books): English Chinese Children books (Chinese Bilingual Collection) (Chinese Edition) User's Guide to Preventing & Treating Headaches Naturally: Learn How You Can Use Diet and Supplements to Put an End to Headaches (Basic Health Publications User's Guide) Curing IBS Naturally with Chinese Medicine Chinese Children's Books: I Love My Dad (English Chinese Bilingual): chinese bilingual children's books (English Chinese Bilingual Collection) (Chinese Edition) Chinese baby book: Where is the Baby: English-Chinese picture book (Simplified Chinese book) (Bilingual Edition) Early Reader Chinese book for ... books for kids) (Volume 7) (Chinese Edition) I Love to Tell the Truth (chinese english bilingual,chinese children stories,mandarin kids books ): mandarin childrens books,bilingual chinese (Chinese English Bilingual Collection) (Chinese Edition) I Love to Share (mandarin childrens books, chinese baby books): kids books in chinese, chinese children stories, mandarin kids (Chinese Bedtime Collection) (Chinese Edition) I Love to Tell the Truth ( chinese kids books, mandarin childrens books): mandarin kids books, kids books in chinese, chinese children's books (Chinese Bedtime Collection) (Chinese Edition) Welcome to Chinese Food World: Unlock EVERY Secret of Cooking Through 500 AMAZING Chinese Recipes (Chinese Cookbook, Chinese Food Made Easy, Healthy Chinese Recipes) (Unlock Cooking, Cookbook [#13]) Mudras for a Strong Heart: 21 Simple Hand Gestures for Preventing, Curing & Reversing Heart Disease: [ A Holistic Approach to Preventing & Curing Heart Disease ] (Mudra Healing Book 8) The Joy of Smoking and Salt Curing: The Complete Guide to Smoking and Curing Meat, Fish, Game, and More (The Joy of Series)

Combat Headaches: A chiropractor's advice for those who suffer from migraines, jaw pain, sinus pain and/or tension headaches (Combat Dis-Ease) (Volume 2) Stop Headaches Now: Take the Bite Out of Headaches Fixing You: Neck Pain & Headaches: Self-Treatment for healing Neck pain and headaches due to Bulging Disks, Degenerative Disks, and other diagnoses. Chinese Cookbook - 25 Delicious Chinese Recipes to Chinese Food Made Easy: Recipes from Chinese Restaurants Integrated Chinese: Level 2 Part 2 Character Workbook ( Traditional & Simplified Chinese Character, 3rd Edition) (Cheng & Tsui Chinese Language Series) (Chinese Edition) Chinese Acupuncture and Moxibustion: A Practical English-Chinese Library of Traditional Chinese Medicine

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)